

**SANFORD AREA SOCCER LEAGUE
PLAYER & PARENT COMMITMENT AGREEMENT**

As a player, I will:

- Play for the good of the game.
- Promise to work hard at practice and games to improve my soccer skills and my understanding of the game. I understand the amount of playing time I receive in games will be based on my skills, determination in practice, punctuality and attitude. I know that I may receive more or less playing time than my team members and playing time is not guaranteed.
- Have a positive and never quit attitude. Exemplify and demonstrate sportsmanship at all times.
- Conduct myself with class and dignity.
- Act professionally at all times.
- Respect all officials and coaches and accept their decisions without question.
- Give encouragement to fellow teammates.
- Attend and be prompt to all games and practices.
- Immediately report any injury to my coach.
- Respect my coach and my opponents.
- Abide by my coach's decision regarding playing time and positioning.
- Learn and obey the Laws of the Game.
- Practice individual soccer skills on my own time at least 3 - 4 times per week.
- Notify the coach or team manager if I will be late for or unable to attend a game, training session or team meeting.
- Learn the rules, policies and procedures of my team and Club.
- Approach my coach with any personal soccer related problems.
- Be the BEST that I can be at all times; for myself, my team, my club and my family.

As a player, I will never:

- Engage in dissent toward an official or coach, nor use profane or vulgar language.
- Leave a game field or training session without the permission of my coach.
- Forget that I represent the Sanford Area Soccer League!

As a parent, I will:

- Abide by the policies and procedures set forth by the Sanford Area Soccer League.
- Support the entire team, not just my child.
- Remember that it is only a game and the game is for the kids.
- Support the League and volunteer for League events.
- Keep the game in perspective and not put winning ahead of fun.
- Communicate in an honest and respectful manner with my player's coach, team officials and the League.
- Pay my fees on time.

As a parent, I will never:

- Criticize or yell at referees.
- Interfere with the coaches and their decisions.
- Forget that I represent the Sanford Area Soccer League!

Player Signature

Date

Parent Signature

Date